

## CATHOLIC SCHOOL FAMILY LIFE RESOURCES

### APPROVED K-8 PROGRAMS:

#### **FAMILY LIFE AND FAMILY LIFE SECOND EDITION – RCL BENZINGER**

*RCL Benzinger Family Life K-8 Family Life Program* is a comprehensive K-8 program that provides children with a wholesome understanding of human sexuality based on the moral principles of the Catholic Church. This series has both a Nihil Obstat and an Imprimatur. <http://www.rclbfamilylife.com/>.

#### **ROOTED: THEOLOGY OF THE BODY K-12 CURRICULUM**

*Rooted: Theology of the Body K-12 Curriculum* presents the solid Catholic truths of Theology of the Body for all ages. Each course is supplemental and designed to weave easily into a school's or Christian formation program's current Catholic religion curriculum. This series carries both a Nihil Obstat and an Imprimatur. [www.ruahwoodspress.com](http://www.ruahwoodspress.com).

### APPROVED AS SUPPLEMENTAL RESOURCES TO THE ABOVE PROGRAMS

#### **THEOLOGY OF THE BODY FOR TEENS, MIDDLE SCHOOL EDITION**

*The Theology of the Body for Teens, Middle School Edition*, is divided into 8 unique segments that reflect the pedagogical approach of John Paul II's revolutionary teaching. This program gives sixth through eighth graders the answers to their questions concerning their bodies, their sexuality, and their future. The series carries an Imprimatur. <https://shop.ascensionpress.com/t/category/study-programs/teen-chastity/middle-school-edition>

#### **LOVEEd – ST. BENEDICT'S PRESS**

*LoveEd* helps parishes and schools empower parents to teach both the theology and science of human sexuality within the context of God's plan for love and life. LoveEd is a parent-guided, age-appropriate, and gender-specific program. It equips parents to have life-changing conversations with their children, and facilitates these conversations at two important life transitions: as they enter puberty (around grade 5 or 6) and just before they begin high school (grade 7 or 8). <https://www.saintbenedictpress.com/index.php/love-ed/>

### EARLY CHILDHOOD RESOURCES

#### **THEOLOGY OF THE BODY RESOURCES – PAULINE BOOKS AND MEDIA**

<http://store.pauline.org/english/books/store/books-ac605-en-us/theology-of-the-body-en-us#gsc.tab=0>.

#### **THEOLOGY OF THE BODY FOR TOTS – THEOLOGY OF THE BODY EVANGELIZATION TEAM**

<https://paulinestore.com/everybody-has-a-body-god-made-boys-girls-tob-for-tots-2995-168749.html>